

Counselling People With Cancer

Cancer Care for the Whole Patient *Cancer in Children and Young People* *Cognitive Behaviour Therapy for People with Cancer* **Medicine Hands** *Cancer and the Adolescent* **Marijuana As Medicine?** *Palliative Care for Chronic Cancer Patients in the Community* **Cancer Care for Adolescents and Young Adults** **Cancer Palliative and End of Life Care for Children and Young People** *Life Kitchen* *Cancer and Cancer Care* **Palliative Care for People with Cancer, 3Ed** **Bowel Cancer** *Understanding Breast Cancer* *Counselling People with Cancer* **Everyone's Guide to Cancer Therapy** **Doctors Who Cure Cancer** **Medical Care of Cancer Patients** *Dermatologic Principles and Practice in Oncology* *Young People Living With Cancer* *Pain Control Support for People with Cancer* **Alternative Cancer Treatment 101** **Surviving Cancer** **Own Your Cancer** *Oncology Massage* *Women's Cancers: Pathways to Healing* *LGBTQI+ People and Cancer* *Hope and Help* *Cancer and the New Biology of Water* *The Cancer Treatment Revolution* *The Royal Marsden Hospital Handbook of Wound Management* *In Cancer Care* *Oxford Guide to CBT for People with Cancer* **The Cancer Atlas** *The Truth about Cancer* **Understanding Complementary Therapies** **Cancer Recovery Guide** **Problem Solving in Older Cancer Patients** *Living Well with Cancer* *Why Not Me*

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Oxford Guide to CBT for People with Cancer Jan 31 2020 Rev. ed. of: Cognitive behaviour therapy for people with cancer / Stirling Moorey and Steven Greer. 2002.

Young People Living With Cancer Feb 11 2021 This book uses original data gathered from in-depth research to present an account of what it is like to be an adolescent or young adult living with cancer.

Marijuana As Medicine? May 29 2022 Some people suffer from chronic, debilitating disorders for which no conventional treatment brings relief. Can marijuana ease their symptoms? Would it be breaking the law to turn to marijuana as a medication? There are few sources of objective, scientifically sound advice for people in this situation. Most books about marijuana and medicine attempt to promote the views of advocates or opponents. To fill the gap between these extremes, authors Alison Mack and Janet Joy have extracted critical findings from a recent Institute of Medicine study on this important issue, interpreting them for a general audience. *Marijuana As Medicine?* provides patientsâ€"as well as the people who care for themâ€"with a foundation for making decisions about their own health care. This empowering volume examines several key points, including: Whether marijuana can relieve a variety of symptoms, including pain, muscle spasticity, nausea, and appetite loss. The dangers of smoking marijuana, as well as the effects of

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its active chemical components on the immune system and on psychological health. The potential use of marijuana-based medications on symptoms of AIDS, cancer, multiple sclerosis, and several other specific disorders, in comparison with existing treatments. *Marijuana As Medicine?* introduces readers to the active compounds in marijuana. These include the principal ingredient in Marinol, a legal medication. The authors also discuss the prospects for developing other drugs derived from marijuana's active ingredients. In addition to providing an up-to-date review of the science behind the medical marijuana debate, Mack and Joy also answer common questions about the legal status of marijuana, explaining the conflict between state and federal law regarding its medical use. Intended primarily as an aid to patients and caregivers, this book objectively presents critical information so that it can be used to make responsible health care decisions. *Marijuana As Medicine?* will also be a valuable resource for policymakers, health care providers, patient counselors, medical faculty and students—in short, anyone who wants to learn more about this important issue.

Cancer Feb 23 2022 Discusses the effect of radiation on the body and its role in the development, diagnosis, and treatment of cancer, offering summaries and evaluations of radiation treatment options for different types of cancer.

Medical Care of Cancer Patients Apr 15 2021 Recent therapeutic advances in cancer treatment indicate that cancer is becoming a chronic disease rather than a killer. This comprehensive text is the first to define and address the broad spectrum of acute and chronic internal medicine disorders that occur in cancer patients and cancer survivors as side-effects of the disease itself, or of the treatment regimens. The authors cover nononcologic aspects of internal medicine such as anorexia, obesity, bone loss, diabetes, depression, pain, fatigue, congestive heart failure, skin disorders, and pneumonia. This book is conceived as a companion to standard internal medicine and

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oncology texts - a comprehensive reference resource for internists caring for cancer patients and oncologists in practice. The text is extensively indexed for easy access and retrieval of information.

Palliative and End of Life Care for Children and Young People

Jan 25 2022 “Anne’s contribution to our understanding of the needs of young people with cancer has been unparalleled and without her extraordinary insights our services would be that much poorer.” From the foreword by Simon Davies , CEO Teenage Cancer Trust This topical and timely text provides valuable insights into the choices and experiences of palliative and end of life care for young people with cancer and other life limiting illnesses. With a focus on palliative care provision across a range of different clinical settings, this comprehensive new resource explores care in the home, the hospice and hospital. It looks at how and where families and young people can access palliative care, and what support is offered to attain their preferred place of death. Bereavement support for families is discussed, as well as a discussion of multidisciplinary work, interagency co-operation and resource issues. This title is essential reading for community children’s nurses, specialist palliative care teams, children’s hospices, school nurses, social workers and student nurses as well as families. A comprehensive resource on end of palliative care provision for children and young adults with cancer and other life limiting illnesses Timely and topical, tying in with the Department of Health palliative care strategy ‘Better Care: Better Lives’ Written in an accessible style that does not assume either detailed medical or theoretical knowledge Explores palliative care provision in a range of different clinical settings including the home, hospice, and hospital Provides valuable insights into the experiences of parents, children and young people

Surviving Cancer Nov 10 2020 This year there will be more than 1,660,290 new cancer cases in the U.S. Behind that sad statistic from

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are many stories with both similarities and variations. Cancers shadow looms large, even for survivors. Fears often linger. Will the cancer come back? Will I experience limitations and side effects for the rest of my life? Are my loved ones predisposed to this disease? Experiencing cancer (or other life-threatening diseases) is life changing and all pervasive. It affects every part of ones life. It is not just a physical event. For some, it can become a spiritual journey, transforming relationships in a positive and healing way. The author explains the power of gaining knowledge about ones disease and the treatments available for it, and the power of hope and a spiritual life, including a faith in something bigger than oneself.

Doctors Who Cure Cancer May 17 2021 The book is based on a therapy used by more than 170 Soviet and Russian medical doctors. According to their clinical observations and hundreds of Western studies, low body oxygenation is the key factor that promotes cancer. These observations resulted in a unique clinical trial on cancer patients organized by one of the Ukrainian physicians who applied the Buteyko method on 120 people with metastatic cancer. The book "Doctors Who Cure Cancer" provides detailed analysis of the method since this is the most successful clinical trial in the whole history of cancer research. The tested cancer therapy was based on breathing retraining or teaching patients who to breathe in accordance with medical norms days and nights. Here are some details of this trial. Early metastatic cancers are deadly, but even these cancers can be cured For early stages of metastasis, the typical 3- or 5-year survival rate is usually about 70-80%. In this astonishing published clinical trial, the survival rate in the control group was about 76%. But 96% of people in the main group, which practiced breathing exercises (to increase body oxygenation), in addition to standard medical therapies, survived. Therefore, this self-oxygenation technique naturally reduced mortality almost 6 times! There were only 2 people in the experimental group who died, but both had serious

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additional health problems (heart disease and diabetes). But all those who had only cancer survived. This can be the most powerful natural cancer cure used by doctors. Can we cure cancer naturally? The trial was published in Ukrainian Oncology Journal (Kiev). This self-oxygenation method has been used by more than 160 Soviet and Russian medical doctors on over 200,000 patients, many of whom had cancers. Prior to this clinical trial, these Soviet and Russian MDs tested hundreds of people with cancers and found that all of them had heavy breathing pattern with low results for the DIY body oxygen test. These doctors discovered that dynamic of cancer (stalemate, metastasis or regression of tumors) depends on breathing patterns and body oxygenation. They developed a program for cancer treatment that is based on simple breathing exercises and lifestyle changes. Breathing parameters in people with cancer Several Western studies (described in this book) measured minute ventilation, respiratory frequency and end-tidal CO₂ in people with cancer. All these medical publications found that virtually each and every person with cancer: breathed about 2 times more air per minute than the medical norm had very low exhaled CO₂ content (about 2 times less for people with metastasis) had increased respiratory rate at rest (up to 30-40 breaths/min instead of normal 10-12 breaths/minute). This is called "hyperventilation" or breathing more than the medical norm. Overbreathing, according to hundreds of clinical studies, reduces O₂ levels in body cells. Review of other breathing therapies for treatment of cancer Apart from the Buteyko breathing method used by more than 150 doctors, this book reviews other self-oxygenation techniques and breathing exercises that increase body oxygenation. The book suggests that people can cure cancer naturally if they normalize their automatic breathing and achieve about 40 seconds for the simple DIY body oxygen test.

Cancer and Cancer Care Nov 22 2021 'This book creates new ground for all health professionals working in cancer

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read, enjoy, look at and question their practice.’ Caroline Adcock, Clinical Practice Educator – Haematology and Oncology, Royal Shrewsbury Hospital Cancer and Cancer Care is a complete study of cancer, the care of people with the disease and its impact on everyday life. Addressing the physical and psychosocial aspects of the illness in detail, it covers all fundamental aspects of cancer diagnosis, treatment, survival and aspects of psychosocial support for all those affected by cancer: patients, their families, and their healthcare providers. Chapters include: - A review of the latest theory and evidence on over 30 separate topic areas - Reflective questions which challenge readers to reappraise what they have learned - Chapter overviews and chapter summaries which highlight the key points The book is essential reading for all those on cancer care courses at undergraduate and postgraduate level. It will be valuable reading for nurses, oncologists, psychologists, social workers and all healthcare practitioners and researchers working with people affected by cancer.

Problem Solving in Older Cancer Patients Aug 27 2019 This practical manual in the care of older cancer patients won best oncology book in the BMA Medical Book Awards 2016, and is an essential tool created as a joint project of the Association of Cancer Physicians (ACP) and the British Geriatric Society (BGS). Written by 134 contributors who are all experts in their fields, it offers an overview of the latest developments, with 32 real life case studies. It is a valuable learning and reference resource for doctors, nurses, trainees and other professionals managing cancer in older patients. This evidence-based guidebook will assist the physician in managing the older cancer patient when implementing the appropriate treatment strategy, taking account of comorbidities, frailty, and patient choice. Each clinical case includes a concise discussion on patient presentation and of scenarios underpinning issues experienced by older patients followed by a clear appraisal of how the latest clinical research impacts on patient management. This large cohort of ~~patients~~ ^{patients from}

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requires both innovative care and individual attention, and this carefully crafted book shares the experience of an expert multidisciplinary team in the interest of patient-centred care. It is essential reading for specialists in oncology, specialists in geriatric care, general physicians, doctors in training, oncology nurses, healthcare managers and administrators.

Cognitive Behaviour Therapy for People with Cancer Sep 01 2022

Cognitive Behaviour Therapy (CBT) has established itself as the psychological treatment of choice for many conditions. It offers a brief, convincing, common sense approach to the emotional problems faced by people with cancer, and there is considerable evidence for its effectiveness. Since the first edition of this book in 1989 (published as *Psychological Therapy for Patients with Cancer*) there have been many developments in cognitive therapy and psycho-oncology which have been incorporated in the new edition. The current evidence for the effect of psychological state on survival and the efficacy of CBT in cancer is reviewed. Using a cognitive behavioural model to understand reactions to cancer, the authors present cognitive, behavioural, emotional and interpersonal interventions to help people adjust to the threat to their life and their view of themselves. Case examples illustrate how these techniques are used to reduce anxiety and depression, induce a fighting spirit, teach effective coping skills and develop open communication between patients and their partners. Mental health professionals working in oncology and health care professionals interested in psychological management will find this a useful source for psychological techniques that can be applied in a busy clinical setting. ALSO PUBLISHED BY OXFORD UNIVERSITY PRESS *Science and Practice of Cognitive Behaviour Therapy* Edited by David Clark and Christopher Fairburn *Cognitive Behaviour Therapy for Psychiatric Problems* Edited by Keith Hawton, Paul Salkovskis, Joan Kirk and David Clark

Cancer Care for Adolescents and Young Adults Mar 27 2022

Cancer in Adolescents and Young Adults is a practical guide to

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cancer care in adolescents and young adults. It considers the impact of diagnosis on individuals, and their families, as well as examining the impact on the health professionals responsible for their care. There are sections focussing on the adolescent's experience of cancer and ongoing care needs during treatment, and on life after cancer, including rehabilitation and palliative care. • Builds on the forthcoming NICE guidelines on Supportive Cancer Care for Children & Young People, and recent Department of Health guidelines & policy initiatives • Adopts an integrated inter-professional approach • Contains evidence-based contributions from leading professionals in cancer care

Cancer in Adolescents and Young Adults is an essential resource for all those involved with the provision of care and support for adolescents and young adults with cancer. About the Editors: Dr Daniel Kelly is Reader in Cancer & Palliative Care, Middlesex University, London. Dr Faith Gibson is Senior Lecturer in Children's Nursing Research, Institute of Child Health, Great Ormond Street Hospital and King's College London.

The Cancer Treatment Revolution Apr 03 2020 Praise for The Cancer Treatment Revolution "A wonderful journey through modern medical science, told with warmth and insight, brought to life through the stories of people confronting cancer. This book will inspire and educate both laymen and caregivers." —Jerome Groopman, M.D., author of *The Measure of Our Days* and *The Anatomy of Hope* and Recanati, Professor, Harvard Medical School "This is probably the best book on cancer that exists--beautifully written and unfailingly interesting, conveying a clear sense of hope for cancer patients and survivors. Cancer treatment has come a long way but not without intense struggles and passions, which David Nathan narrates from the inside as one of the leading players. He explains cancer more clearly than anyone else, and his portraits of great cancer doctors are sharp and unforgettable, a contribution to history." —Richard Preston, author of *The Hot Zone* and *The Demon in the Freezer*

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better positioned to tell the tale of the cancer treatment revolution of the last half century than David Nathan. A brilliant physician-scientist, he has been present at the cusps of history in this life-and-death field. The story he tells here is fascinating, and his book is captivating." —Atul Gawande, M.D., author of *Complications: A Surgeon's Notes on an Imperfect Science* and *Better: A Surgeon's Notes on Performance* and Assistant Professor of Surgery, Harvard Medical School "David Nathan is a true storyteller. In *The Cancer Treatment Revolution*, he tells stories that bridge cancer patients and cancer research as few others could. These gripping tales will be appreciated by those who live with cancer and those who strive to create new therapies." —Thomas Cech, Ph.D., recipient of the 1989 Nobel Prize in Chemistry and President of the Howard Hughes Medical Institute "David Nathan, one of the nation's preeminent clinician-scientists, tells the stories of three cancer patients, revealing compelling human facets--the dedication of the remarkable teams that care for these patients and, even more, the bravery and fortitude of the patients and their families." —Harold Varmus, M.D., recipient of the 1989 Nobel Prize in Medicine, President of the Memorial Sloan-Kettering Cancer Center, and former director of the National Institutes of Health "Engaged by the compelling triumphs and tragedies of patients whose normal lives are inevitably altered by a life-threatening cancer, the reader of *The Cancer Treatment Revolution* will easily appreciate the impact of the new cancer diagnostics and therapies compared to even relatively recent cancer treatments." —Karen Antman, M.D., Dean, Boston University School of Medicine "This personal, highly readable account by one of the leaders of the cancer treatment revolution explains how the revolution has come about and how it will change the future." —Sir Paul Nurse, Ph.D., President of Rockefeller University and recipient of the 2001 Nobel Prize in Medicine

Cancer Recovery Guide Sep 28 2019 In Europe and the U.S. Downloaded from [singaporeeye.com](https://www.singaporeeye.com) on December 4, 2022 by guest

have a forty to fifty percent chance of illness from cancer at some time in our life. So what do you do if you are diagnosed with the disease? The harshness of orthodox treatments (surgery, radiation and chemotherapy) are well-known. Their use is widespread, but their results are not very impressive. Faced with these options, informed patients are increasingly seeking alternative and complementary strategies to take control of healing their illness. This book provides an overview of those options. Jonathan Chamberlain watched his wife suffer and eventually die--both from her cancer and from the direct effects of the orthodox treatments she had undergone. His experience led to a journey in search of other methods of overcoming cancer. What he discovered stunned him. There are cures out there--dozens of them--many offering very good chances of recovery. In *Cancer Recovery Guide*, Chamberlain presents fifteen simple and practical strategies for becoming well again. These strategies are grouped into three families--those that relate to the mind and the emotions (did you know stress makes cancers more aggressive?); those that address the health of the whole body (cancer cannot survive in a tissue environment that is truly healthy); and those that focus on attacking cancerous tumors directly. The personal stories cited throughout *Cancer Recovery Guide* testify to the therapeutic possibilities of the strategies presented. Praise for Jonathan Chamberlain's previous book: "Mr. Chamberlain has a voice that is at once humble and powerful.... He speaks from the heart, but clearly wants you to use your head. Good combination." --Doctor Yourself Newsletter "I now can recommend your book to the people in my support group, as the book to read. You have covered just about everything." --John Thompson, cancer patient "This book tells me everything I want to know. Why didn't my doctor tell me this?" --Rev. Bill Newbern, cancer patient

The Truth about Cancer Nov 30 2019 Cancer touches more lives than you may think. According to the World Health Organization, one out of three women alive today, and one out of two men will

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face a cancer diagnosis in their lifetime. To Ty Bollinger, this isn't just a statistic. It's personal. After losing seven members of his family to cancer over the course of a decade, Ty set out on a global quest to learn as much as he possibly could about cancer treatments and the medical industry that surrounds the disease. He has written this book to share what he's uncovered—some of which may shock you—and to give you new resources for coping with cancer in your life or the life of someone you love. As Ty explains, there are many methods we can access to treat and prevent cancer that go well beyond chemotherapy, radiation, and surgery; we just don't know about them. *The Truth about Cancer* delves into the history of medicine—all the way back to Hippocrates's credo of "do no harm"—as well as cutting-edge research showing the efficacy of dozens of unconventional cancer treatments that are helping patients around the globe. You'll read about the politics of cancer; facts and myths about its causes (a family history is only part of the picture); and the range of tools available to diagnose and treat it. If you're facing a cancer diagnosis right now, this book may help you and your health-care provider make choices about your next steps. If you're already undergoing conventional treatment, it may help you support your health during the course of chemo or radiation. If you're a health-care provider and want to learn all you can to help your patients, it will expand your horizons and inspire you with true stories of successful healing. And if you just want to see cancer in a new light, it will open your eyes.

Living Well with Cancer Jul 27 2019 This book is about that sort of 'both/and' approach to the challenge of living with cancer. Starting with a recognition of the lived experience of diagnosis and treatment, a crucial part of 'being heard', it moves on to discuss how, by using solution-focused thinking, life may be lived well, whether it's for a very short or, ultimately, a very long time. Written in an informal style, as if the reader is taking part in a chatty, but powerfully effective appointment, it is for **people of**

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any age who have, or have had, cancer, as well as their families and friends. The book includes information and suggestions for health professionals who seek to help these people, and will also be highly relevant to other profoundly life-changing conditions.

Bowel Cancer Sep 20 2021 Bowel cancer is the third most common cancer in the UK, affecting more than 37,000 people. However, with early diagnosis the condition can be managed effectively to allow patients to lead as normal a life as possible for as long as possible. This book will inform and help those who have been diagnosed with bowel cancer, their family and friends, and those who simply want to know more about the condition. The book will contain practical advice and information on treatment choices and how to cope on a daily basis. For healthy individuals it also gives valuable information about how you can reduce the risk of developing bowel cancer and useful tips on healthy eating and lifestyles. Written by a freelance medical author, this book aims to provide a reassuring and sensitive resource of information for use during a time when a person with a cancer diagnosis has so much to think about. People often say their time with their cancer specialists is limited and full of complicated terminology; this book aims to supplement this information, written in an easy-to-understand way.

Cancer in Children and Young People Oct 02 2022 Much has changed since the first book Paediatric Oncology: Acute Nursing Care (1999), therefore, this new edition encompasses these changes in relation to the practice itself and the evidence that underpins it. Emphasis is placed on ensuring terminology is accurate, in keeping with the language of the current day. The book is divided into six sections: Chemotherapy, Haematopoietic Stem Cell Transplantation, General Surgery, Radiotherapy, Late Effects of cancer therapies, and Palliative Care. There is a brief commentary at the end of each section/chapter by a 'novice' author but experienced practitioner, highlighting to the reader what is already known and what the section/chapter adds to their

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current knowledge and practice.

Life Kitchen Dec 24 2021 'Life Kitchen is a celebration of food' Lauren, Sunderland 'The recipes are just really simple, really easy and delicious' Carolyn, Newcastle 'His book is better than a bunch of flowers because it's going to last forever' Gillian, Sunderland Ryan Riley was just eighteen years old when his mum, Krista, was diagnosed with cancer. He saw first-hand the effect of her treatment but one of the most difficult things he experienced was seeing her lose her ability to enjoy food. Two years after her diagnosis, Ryan's mother died from her illness. In a bid to discover whether there was a way to bring back the pleasure of food, Ryan created Life Kitchen in his mum's memory. It offers free classes to anyone affected by cancer treatment to cook recipes that are designed specifically to overpower the dulling effect of chemotherapy on the taste buds. In Life Kitchen, Ryan shares recipes for dishes that are quick, easy, and unbelievably delicious, whether you are going through cancer treatment or not. With ingenious combinations of ingredients, often using the fifth taste, umami, to heighten and amplify the flavours, this book is bursting with recipes that will reignite the joy of taste and flavour. Recipes include: Carbonara with peas & mint Parmesan cod with salt & vinegar cucumber Roasted harissa salmon with fennel salad Miso white chocolate with frozen berries With an introduction from UCL's taste and flavour expert Professor Barry Smith, this inspiring cookbook focusses on the simple, life-enriching pleasure of eating, for everyone living with cancer and their friends and family too. 'This book is a life changer: this is not gush, but a statement of fact' Nigella Lawson *LGBTQI+ People and Cancer* Jul 07 2020 A guide to how cancer and its treatment may affect LGBTQI+ people - lesbian, gay, bisexual, transgender, queer, intersex and people of other diverse sexualities and genders.

The Cancer Atlas Jan 01 2020 This atlas illustrates the latest available data on the cancer epidemic, showing causes, stages of

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development, and prevalence rates of different types of cancers by gender, income group, and region. It also examines the cost of the disease, both in terms of health care and commercial interests, and the steps being taken to curb the epidemic, from research and screening to cancer management programs and health education.

Cancer and the Adolescent Jun 29 2022 Young people with cancer have suffered from not being recognized as either children or adult patients. The lack of an adequate number of centres, properly equipped for teenage cancer care, is acknowledged worldwide. Yet their needs, both physically and psychologically, are perhaps the most acute of all. Now, this book, based on an international conference hosted by the Teenage Cancer Trust, addresses the issues surrounding care of the adolescent with cancer more completely than ever before. Some chapters provide practical information from leading specialists on managing and treating the specific tumours affecting this group whilst others present discussions by psychologists, nurses and other healthcare professionals on the many lifestyle issues that confront teenagers with cancer. Finally and maybe, most importantly, contributions from patients and carers give an insight into what it feels like to have the disease while growing into adulthood. With its insight into the problems, and guidance on best practice, this book will be welcomed by all professionals and carers who work with young people with cancer.

Cancer Care for the Whole Patient Nov 03 2022 Cancer care today often provides state-of-the-science biomedical treatment, but fails to address the psychological and social (psychosocial) problems associated with the illness. This failure can compromise the effectiveness of health care and thereby adversely affect the health of cancer patients. Psychological and social problems created or exacerbated by cancer-including depression and other emotional problems; lack of information or skills needed to manage the illness; lack of transportation or other resources; and

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disruptions in work, school, and family life-cause additional suffering, weaken adherence to prescribed treatments, and threaten patients' return to health. Today, it is not possible to deliver high-quality cancer care without using existing approaches, tools, and resources to address patients' psychosocial health needs. All patients with cancer and their families should expect and receive cancer care that ensures the provision of appropriate psychosocial health services. Cancer Care for the Whole Patient recommends actions that oncology providers, health policy makers, educators, health insurers, health planners, researchers and research sponsors, and consumer advocates should undertake to ensure that this standard is met.

Palliative Care for People with Cancer, 3Ed Oct 22 2021

Palliative Care for People with Cancer describes the kind of care needed towards the end of life or at any point on what has been called ""the cancer journey"". Its focus is on the highest quality of life for the person with cancer and it includes care of the family before, at and after the death. The third edition is a comprehensive guide for nurses and other members of the multidisciplinary team who work with people with cancer and their families.

Counselling People with Cancer Jul 19 2021

Counselling People with Cancer Mary Burton and Maggie Watson Counselling People with Cancer is a practical 'how to' book written by two eminent psychologists with many years of hands-on experience in helping patients and their families face, and overcome, the many psychological problems associated with cancer. The book is intended primarily for health care professionals in regular contact with cancer patients and whose work involves a counselling element. It will also be of interest to carers in a broader sense who ask themselves, 'How can I help with the emotional side of dealing with cancer?' The book explains in clear and practical terms what to look and listen for and how to respond to the

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psychological needs of cancer patients and their families at different stages of the disease from the 'bad news' interview to coping with the disease and its treatment, facing common communication problems, and dealing with family issues and sexual problems. A comprehensive survey of counselling is presented with discussion of the three mainstream models of counselling - psychodynamic, humanistic and cognitive-behavioural. The final chapter deals with professional issues and offers practical suggestions for setting up a counselling service. Psychologists, psychotherapists, oncologists and nurses will find this book an indispensable guide for helping patients and their families to cope with the difficult experience of cancer.

Pain Control Support for People with Cancer Jan 13 2021 Having cancer doesn't mean that you'll have pain. But if you do, you can manage most of your pain with medicine and other treatments. This book will show you how to work with your doctors, nurses, and others to find the best way to control your pain. It will discuss causes of pain, medicines, how to talk to your doctor, and other topics that may help you. In this book, your "health care team" can mean any of the professionals you see as part of your medical care. These may include your oncologist, your family doctor, nurses, physical therapists, pharmacists, oncology social workers, clergy members, and others. You may read it from front to back. Or you may want to read different parts as you need them. There is a list of resources toward the end of the book. There is also a page where you can write down notes and keep track of the medicines you're taking. This section also includes a sample pain control record.

Own Your Cancer Oct 10 2020 Dr. Peter Edelstein has learned by listening to his patients and their families--whose lives have suddenly been up-ended by a diagnosis of cancer--that they need a partner to help them navigate their new, complex world. It is critical that cancer patients take charge of their health and "own their cancer" in order to remain in control of this confusing and

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frightening process. This extremely accessible book is that expert partner, offering a combination of crucial medical education clearly and comfortably explained along with personal guidance gleaned from real patient experiences. In an informed, compassionate, and respectful manner, "Dr. E" translates the challenging medical and psychological issues facing the cancer patient into lay terms, as well as outlining options for "owning" the path ahead. The result empowers patients and their loved ones to take control of their treatment regardless of cancer type or stage, to maintain their independence, and to oversee the processes which will determine their ultimate survival and quality of life.

Oncology Massage Sep 08 2020 In Oncology Massage - an integrative approach to cancer care the authors have created a textbook which will provide both experienced and inexperienced therapists with a resource to expand their knowledge and understanding of working with people with cancer. Cancer occurrence and survivorship are now so common that every massage therapist will at some time work with clients who have been through cancer treatment. The short and long-term effects of biomedical cancer treatment require massage therapy adaptations to pressure, site, position and duration to provide safe and effective treatments. Informed massage therapists can support the body to promote overall wellness as well as identify the underlying secondary effects of cancer treatment that contribute to physical dysfunction. Oncology Massage: An Integrative Approach to Cancer Care provides massage therapists with essential information for: Treatment planning based on the physiology of cancer and cancer treatments Critical, thoughtful treatment decision making Consideration of the psychosocial effects of cancer Enhancing therapist self-awareness and building a therapeutic relationship. The information is presented in a clear and simple format with plentiful use of illustrations and information boxes which allows it to be used both as a learning

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tool for those new to the field of oncology massage and as a resource for quick referral when working with new patients. The techniques of massage therapy change very little; it is the knowledge and understanding of their use that distinguishes a massage therapist. Oncology Massage is unusual in that it includes contributions not only from a range of experienced practitioners but also from people with cancer who have received massage during and after cancer treatment. This feedback from clients provides an invaluable addition to the understanding of how massage can be used as a safe and effective part of cancer care.

Everyone's Guide to Cancer Therapy Jun 17 2021 Revised 5th Edition Praise for the first edition of Everyone's Guide to Cancer Therapy: How Cancer Is Diagnosed, Treated, and Managed Day to Day: A landmark book . . . So much of what the cancer patient must know to make informed decisions. --Publishers Weekly * A completely revised and accessible guide created by more than 100 esteemed oncologists for the millions of people whose lives are affected by cancer. The Centers for Disease Control reports that more than 20 million people in the U.S. are currently diagnosed with cancer, and 1.4 million people are expected to be diagnosed in the coming year. For the millions confronting cancer's many challenges, Everyone's Guide to Cancer Therapy: How Cancer Is Diagnosed, Treated, and Managed Day to Day relies on an esteemed panel of oncology specialists--more than 100 strong, and each experts in their fields--to completely update this definitive cancer resource. Equally informative and accessible, this comprehensive book navigates cancer patients and their caregivers through diagnosis, treatment, and supportive care. Every chapter has been methodically updated to include the latest medical breakthroughs and advice concerning cancer treatment, including: * Information on recently approved targeted therapies for various cancer types * The newest strategies in cancer diagnosis and prevention * Cancer biology: translating

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scientific discoveries into meaningful advances for patients *

Supportive care and complementary approaches

Women's Cancers: Pathways to Healing Aug 08 2020

The first goal of this book is to provide the patient with accurate information. The second goal is to show how a combination of "orthodox medicine" and complementary therapies can help people through their cancer diagnosis, treatment and follow up. Early chapters apply to all women diagnosed with cancer, followed by chapters for each specific site of disease. Then follow chapters on chemotherapy, radiotherapy, pain management, complementary therapies and spiritual approaches. The book incorporates a novel "4 cusp" approach, which enables women to explain to their families where they are in the process.

The Royal Marsden Hospital Handbook of Wound Management In

Cancer Care Mar 03 2020

The Royal Marsden Hospital Handbook of Wound Management in Cancer Care offers evidence-based guidance on wound management in a practical and easily accessible format. An introduction to wound healing and assessment is followed by the management of specific wound types and a detailed chapter on wound management products.

This book is unique in bringing together invaluable specialist advice, expert opinion and research on the management of wounds related to cancer and cancer therapies. It will be an essential reference for nurses and health care professionals working in the fields of oncology and palliative care, in both community and hospital settings. The Royal Marsden Hospital is the largest comprehensive cancer center in Europe and is one of the world's foremost hospitals dedicated to the care of people with cancer. For further information about career opportunities please call The Royal Marsden toll-free 0800 389 2271.

Palliative Care for Chronic Cancer Patients in the Community Apr

27 2022

The new global cancer data suggests that the global burden has risen to 18.1 million new cases per year and 9.6 million cancer deaths per year. A number of factors

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driving this increase, in particular, a growing and aging global population and an increase of exposure to cancer risk factors linked to social and economic development. For rapidly-growing economies, the data suggests a shift from poverty- or infection-related cancers to those associated with lifestyles more typical in industrialized countries. There is still large geographical diversity in cancer occurrence and variations in the magnitude and profile of the disease between and within world regions. There are specific types of cancer that dominate globally: lung, female breast and colorectal cancer, and the regional variations in common cancer types signal the extent to which societal, economic and lifestyle changes interplay to differentially impact on the profile of this most complex group of diseases.

Unfortunately, despite advances in cancer care, a significant proportion of patients at home, experience sub-optimal outcomes. Barriers to successful treatment outcomes include, but are not limited to: access to oncologists in the primary health centers, non-adherence, lack of experienced oncology and palliative care nurses in the community, inadequate monitoring and the lack of training of family and pediatric physicians. Telemedicine approaches, including telephone triage/education, telemonitoring, teleconsultation and status tracking through mobile applications, have shown promise in further improving outcomes, in particular for chronic cancer patients following their hospitalization.

Lessons can be learned from existing hospices in North America, the United Kingdom, Australia, Centers of Excellence in African (Uganda) and modern community services in India (Kerala). An important goal of this book is to describe and encourage professionals to develop new community programs in palliative care, which include training and empowering physicians and nurses in the community on the principles of palliative care. The Middle East Cancer Consortium (MECC) together with the American Society of Clinical Oncology (ASCO) and the American Oncology Nursing Society (ONS) have conducted multiple courses

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ranging from basic palliative care to more specialized training in palliative care for multiple nationalities in Europe, Asia and Africa. Our experience clearly indicates that, to promote such activities, one needs strong leadership and confirmed political will to support the endeavor. The new book will emphasize the importance of having a core of multiple stakeholders including community leaders, government, NGOs and media to be actively involved in advocating for the cause and generating public awareness. This text will provide the reader with a comprehensive understanding of the outside-of-the-hospital treatment of cancer patients by medical, paramedical and volunteer personnel. In doing so, this text will encourage the creation of new palliative care services improving upon the existing ones and stimulate further research in this field. Part 1 of the text will begin with an overview of the current state of affairs of services provided to cancer patients while being cared for by primary health centers. It will also review the current literature regarding medical and psychological-based therapy options in the community for cancer patients at different stages of their disease. Part 2 will address the unique role of the community nurse, within the framework of the multidisciplinary team treating the patient, in the attempt to provide optimal evaluation and care in very challenging situations (such as with terminal patients). Part 3 will provide insightful models of this new discipline and serve as a valuable resource for physicians, nurses, social workers and others involved in the care of cancer patients. The book will take a multidisciplinary approach, integrating clinical and environmental data for practical management to enhance the efficacy of treatment while relieving suffering. Part 4 will also discuss the application of modern technological approaches to track symptoms, quality of life, diet, mobility, duration of sleep and medication use (including pain killers) in chronic cancer patients in the community. Part 5 of the book will also be devoted to modes of developing a collaborative program between

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governmental and non-governmental organization sectors. This includes volunteer workers in close collaboration with medical professionals for providing emotional and spiritual support, nursing care, nutritional support and empowering family caregivers. Such a model makes palliative care in the community a “people’s movement”, thus transferring part of the responsibility and ownership to the community.

Alternative Cancer Treatment 101 Dec 12 2020 This ebook is about non-traditional methods of diagnosing, preventing, or treating cancer or its symptoms. Here you'll find general information to help you better understand what these terms mean and how to decide if using them is right for you. Why would people with cancer be interested in complementary or alternative methods? People with cancer might think about using alternative or complementary methods for a number of reasons. Maybe they would like to relieve the side effects of mainstream cancer treatment without having to take more medicine. They are also seeking a less unpleasant treatment approach that might have fewer side effects. Other reasons might be that they want to take an active role in improving their own health and wellness or that they prefer alternative theories of health and disease, as well as alternative treatments. Complementary and alternative methods are often appealing because they use your own body, your own mind, or things found in nature. Another plus is that these are things that you, and only you, choose to do. What you are about to learn... Chapter 1: Alternative Cancer Treatments - The Basics Chapter 2: Alternative Cancer Treatments - Synthetic Chemicals and other Substances Chapter 3: Plant and Fungus-Based Alternative Cancer Treatments Chapter 4: Diet Based and Alternative Health Systems for Cancer Treatment Chapter 5: Spiritual and Mental Healing and Physical Procedures as Alternative Treatments for Cancer" "Chapter 6: Electromagnetic and Energy-Based and Hybrid Procedures as Alternative Cancer Treatments" And Much, much more! Read what other people have

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to say "This is an excellent initial resource that gives you the means to highlight treatment options that appeal to you and that you want to further research. It's well written and to the point, exactly as I like information to be presented to me. If you're looking for a starting point in chemo and radiation alternatives, this is a great book to read!" - Rebecca - "A comprehensive list of any and all alternative cancer treatments available, all organized in one simple to access place. A very easy read, and the author presents it in layman's terms to make it accessible to everyone, which is a great help as medical jargon can be difficult to digest." - Cole Fournier -

Understanding Breast Cancer Aug 20 2021 Two decades ago, a diagnosis of breast cancer meant only one thing: mastectomy. A revolution in treatment has given those now afflicted a choice of treatment options far beyond this draconian cure-all. Written by a noted health journalist and former patient, Understanding Breast Cancer offers reliable, up-to-date information on today's most effective treatments. With insights and advice from breast cancer patients who experienced different diagnoses and levels of treatment, Joy Ogden candidly shows how an informed and proactive approach can turn a cancer patient into one of a legion of cancer survivors.

Why Not Me Jun 25 2019 Why Not Me by Joseph C. Aurelia Joseph C. Aurelia wrote Why Not Me: A Brave Journey with Cancer to share the story of the loss of his beloved wife, Camille. The book details her battle with cancer. Why Not Me shares information for people with cancer, caretakers, family members, and caring professionals alike. When a loved one is diagnosed with terminal cancer, Aurelia asks readers to support that person, be there, and always support their decisions. Protect them, advocate for them, love them, and yet prepare for their death. "Expressing and dealing with grief is paramount," Aurelia says. Primarily, Aurelia's experience taught him that the medical system needs to change the care of Stage 4 patients. Downloaded from

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shows the need to treat the person with cancer, and not just the cancer. But at heart, *Why Not Me* teaches readers to help their loved one recognize both physical and emotional pain, and to alleviate suffering as much as possible. Decision-making and critical thinking along this journey are a must - *Why Not Me* may help you and your loved ones in your journey with cancer.

Medicine Hands Jul 31 2022 The field of oncology massage is maturing into a discipline with a deeper and deeper body of knowledge. The 3rd edition of *Medicine Hands* reflects this maturation. Every chapter contains updated information and insights into massaging people affected by cancer. New chapters have been added to cover each stage of the cancer experience: treatment, recovery, survivorship, side effects from the disease, and end of life. These new chapters and organizational structure will make it easier for the reader to find the information needed to plan the massage session for a given client. In addition, a new chapter has been added that focuses on the Pressure/Site/Positioning framework. This is the clinical framework around which the massage session is planned.

Understanding Complementary Therapies Oct 29 2019 This booklet contains information about the role of complementary therapies in cancer care.

Dermatologic Principles and Practice in Oncology Mar 15 2021 The first book focusing specifically on frequent and frequently disabling side effects involving the skin, hair and nails in cancer patients According to the World Health Organization, there are approximately thirty million people living with a diagnosis of cancer - the majority of whom will receive surgery, systemic therapy, and/or radiation, and who will suffer from dermatologic adverse events. Dermatologists and oncologists are only beginning to grapple with these events, which pose serious quality-of-life issues with so many patients, and will become more prevalent as survival rates improve, thanks in part to new cancer treatments and drug regimens. Concentrating on a topic that has only been

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briefly touched upon by other texts, this book offers a focused perspective on the clinical presentation, underlying pathophysiologic mechanisms, and management of skin, hair, and nail conditions for oncologists, dermatologists, and allied practitioners. *Dermatologic Principles and Practice in Oncology: Conditions of the Skin, Hair, and Nails in Cancer Patients*:

- Covers in detail the dermatologic adverse events of oncologic therapies, clinical presentations, and treatment recommendations
- Enables dermatologists and other practitioners to significantly improve the care of patients with cancer
- Addresses the dermatologic adverse events of cancer therapies used globally, of which a large number are found in developing countries
- Emphasizes prophylactic measures - based on treatments used and type of cancer - to prevent the appearance of adverse events
- Provides built-in discussions on patient education for practical counseling during therapies
- Offers rapid-reference sections on topical dermatology drugs

The first book to present dermatologic conditions in cancer patients and survivors in a uniform and in-depth manner, *Dermatologic Principles and Practice in Oncology* is ideal for oncologists, oncology nurses, and dermatologists who wish to take better care of those with adverse skin, hair, and nail conditions.

Cancer and the New Biology of Water May 05 2020 "When President Nixon launched the War on Cancer with the signing of the National Cancer Act of 1971 and the allocation of billions of research dollars, it was amidst a flurry of promises that a cure was within reach. The research establishment was trumpeting the discovery of oncogenes, the genes that supposedly cause cancer. As soon as we identified them and treated cancer patients accordingly, cancer would become a thing of the past. Fifty years later it's clear that the War on Cancer has failed--despite what the cancer industry wants us to believe. New diagnoses have continued to climb; one in three people in the United States can now expect to battle cancer during their lifetime. For the majority

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of common cancers, the search for oncogenes has not changed the treatment: We're still treating with the same old triad of removing (surgery), burning out (radiation), or poisoning (chemotherapy). In *Cancer and the New Biology of Water*, Thomas Cowan, MD, argues that this failure was inevitable because the oncogene theory is incorrect--or at least incomplete--and based on a flawed concept of biology in which DNA controls our cellular function and therefore our health. Instead, Dr. Cowan tells us, the somatic mutations seen in cancer cells are the result of a cellular deterioration that has little to do with oncogenes, DNA, or even the nucleus. The root cause is metabolic dysfunction that deteriorates the structured water that forms the basis of cytoplasmic health. Despite mainstream medicine's failure to bring an end to suffering or deliver on its promises, it remains illegal for physicians to prescribe anything other than the "standard of care" for their cancer patients, despite the fact that gentler, more effective, and more promising treatments exist"--
Hope and Help Jun 05 2020 This book was published to help give cancer patients going through chemotherapy treatment a way to stay organized. From my own experiences with chemotherapy I created this helpful tool to help you through out your difficult time. The doctor always asked me, what were your side effects, what did you eat, and do you have any questions for me. Well half of the time, I did not have an answer because I had information scattered around some info in this binder, some info in that binder. I could of really used something like this during my journey. You will get lots of binders and books with information and statistics. This is the exact opposite. It is for you to fill with your information, not be reminded that you are a statistic. I hope that this book offers that little piece of mind to help you stay organized during treatment.