

Love's Executioner Other Tales Of Psychotherapy

Love's Executioner Love's Executioner Love's Executioner Love's Executioner and Other Tales of Psychotherapy [Love's Executioner Creatures of a Day](#) Momma And The Meaning Of Life Couch Fiction Momma And The Meaning Of Life Tales of Psychotherapy Every Day Gets a Little Closer The Man who Loved a Polar Bear and Other Psychotherapist's Tales The Guilt Trap and Other Tales of Psychotherapy Writing The Talking Cure A Matter of Death and Life The Little Psychotherapy Book Staring at the Sun Couch Fiction Tales from the Therapy Room [Tales from the Valley of Death](#) The Good Story [The Value of Psychotherapy](#) Fairy Tales in Psychotherapy Lying On The Couch [The Assassin and the Therapist](#) The Empty Chair Sexual Mysteries [Becoming Myself](#) A Starving Madness Psychotherapy Tales [Tales from the Therapy Room Cracked](#) The Schopenhauer Cure Betraying Spinoza [The Gift Of Therapy \(Revised And Updated Edition\)](#) Tales from the Couch The Theory and Practice of Group Psychotherapy The Gift of Therapy Intimate Worlds When Nietzsche Wept

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When Nietzsche Wept Jun 25 2019 In nineteenth-century Vienna, a drama of love, fate, and will is played out amid the intellectual ferment that defined the era. Josef Breuer, one of the founding fathers of psychoanalysis, is at the height of his career. Friedrich Nietzsche, Europe's greatest philosopher, is on the brink of suicidal despair, unable to find a cure for the headaches and other ailments that plague him. When he agrees to treat Nietzsche with his experimental "talking cure," Breuer never expects that he too will find solace in their sessions. Only through facing his own inner demons can the gifted healer begin to help his patient. In *When Nietzsche Wept*, Irvin Yalom blends fact and fiction, atmosphere and suspense, to unfold an unforgettable story about the redemptive power of friendship.

Love's Executioner Sep 01 2022 Contains eight case-studies of people the author has treated, including a woman of 67, obsessively pining with love for her 32-year-old previous therapist and a woman of 19 stone who has emotional difficulties because of her weight problem. This title includes stories that reveal the diversity of human motivation.

[The Gift Of Therapy \(Revised And Updated Edition\)](#) Nov 30 2019 THE GIFT OF THERAPY is the culmination of master psychiatrist Dr Irvin Yalom's thirty-five years' work as a therapist, illustrating through real case studies how patients and therapists alike can get the most out of therapy. Presented as eighty-five 'tips' for 'beginner therapists', Yalom shares his own fresh approach and the insights he has gained while treating his patients. Personal, and sometimes provocative, Yalom makes some unorthodox suggestions, including: Let the patient matter to you; Acknowledge your errors; Create a new therapy for each patient; Make home visits; (Almost) never make decisions for a patient; and Freud was not always wrong. This is an entertaining, informative and insightful read for both beginners and more experienced therapists, patients, students and everyone with an interest in the subject.

[Tales from the Therapy Room](#) Apr 03 2020 In *Tales from the Therapy Room*, the author provides ten fictional short stories that give students of counseling and psychotherapy a unique insight into what actually goes on in therapy. Exploring aspects of the client-therapist relationship, the reader is given a fly-on-the-wall view of the therapeutic process. Rather than suggesting a 'correct' approach, they explore possibilities and provide entertaining, vivid and thought-provoking descriptions of the therapeutic journey. Issues explored include contracting, boundaries and confrontation, self-disclosure on the part of the therapist, dream interpretation, the influence of the consulting room environment, and conflicting belief systems. These are much more than just engaging stories – Phil Lapworth draws on over 25 years of clinical experience to show how the student can integrate theory into real practice with real clients. The final chapter explicitly highlights the specific theories, models and issues that are illustrated throughout and provides questions, learning objectives, exercises and Further Reading to encourage critical thinking.

[The Value of Psychotherapy](#) Jan 13 2021 From a seasoned scholar, clinician, and teacher, this lively, highly readable text probes where the field of psychotherapy is now and where it may be headed in the future. Robert L. Woolfolk explores commonalities and differences among major therapeutic approaches, as well as their philosophical underpinnings. He critiques the growing medicalization of mental health care--in particular, the attempt to fit psychotherapy to the templates of evidence-based medicine. Students gain an appreciation of the enduring value of "the talking cure" for addressing perennial questions: ?Who am I?? ?What can I become?? ?What kind of life is worth having, and how can I achieve it?? The book makes a strong case for the benefits of psychotherapy not only as a method for treating disorders, but also as a practice that can promote practical wisdom and human flourishing.

Every Day Gets a Little Closer Dec 24 2021 The many thousands of readers of the best-selling *Love's Executioner* will welcome this paperback edition of an earlier work by Dr. Irvin Yalom, written with Ginny Elkin, a pseudonymous patient whom he treated -- the first book to share the dual reflections of psychiatrist and patient. Ginny Elkin was a troubled young and talented writer whom the psychiatric world had labeled as "schizoid." After trying a variety of therapies, she entered into private treatment with Dr. Irvin Yalom at Stanford University. As part of their work together, they agreed to write separate journals of each of their sessions. *Every Day Gets a Little Closer* is the product of that arrangement, in which they alternately relate their descriptions and feelings about their therapeutic relationship.

Sexual Mysteries Aug 08 2020

The Little Psychotherapy Book Jul 19 2021 Aimed at beginning therapists and those new to object relations, this concise work introduces the reader to the practice of psychodynamic psychotherapy from an object relations (O-R) perspective in a dynamic and easy-to-follow way. One of the four main schools of psychodynamic psychotherapy, O-R is regarded as particularly challenging, both conceptually and practically. The book presents object relations in a clear and concise manner that makes it especially applicable for regular use in the clinical setting. Moreover, the author writes in a narrative style similar to actual psychotherapy supervision; dialogues between a therapist and a fictitious patient appear throughout the book to illustrate common clinical situations. Designed to complement actual training in psychotherapy, the book suggests ways in which the therapist can incorporate object relations tools with other forms of therapy, regardless of the clinical setting. Ideal for students, trainees, and clinicians in psychiatry, psychology, social work, family medicine, and psychiatric nursing, *The Little Psychotherapy Book* will prove invaluable for any reader seeking a helpful and succinct introduction to object relations in psychotherapy.

A Starving Madness Jun 05 2020 Stories have the power to change lives. These compelling tales of seven women and one man are a revealing look at the complexity of eating disorders, the process of psychotherapy, and the healing power of the relationship between therapist and client. Sufferers, their loved ones, and caregivers will benefit from the insights provided by this beautifully written collection.

Love's Executioner Nov 03 2022 This collection of ten absorbing tales by master psychotherapist Irvin D. Yalom uncovers the mysteries, frustrations, pathos, and humor at the heart of the therapeutic encounter. First published in 1989, this *New York Times* bestselling collection of ten tales has become a classic. Yalom not only gives us a rare and enthralling glimpse into his patients' personal desires and motivations, but also tells his own story as he struggles to reconcile his all-too-human response with his sensibility as a psychiatrist. Now with a new afterword, *Love's Executioner* promises to inspire generations of readers to come.

Fairy Tales in Psychotherapy Dec 12 2020 This book examines the approach of directly integrating fairy tales and other stories with a supernatural theme into psychotherapy. Using a wealth of examples drawn from many years of experience, the author describes different ways of implementing fairy tales and fairy tale performances into individual and group therapy, as well as the many practical advantages offered by these methods over conventional ones. This book presents an interesting and important approach for psychotherapists, psychologists, social workers, and any others with an interest in mental health counseling. The book is organized in three major sections: Creative Forms with Supernatural Content -- Methods of Employing Fairy Tales in Psychotherapy -- Special Advantages of Working with Fairy Tales in Psychotherapy.

[Love's Executioner](#) Jun 29 2022 Destined to become a classic, this *New York Times* bestseller tells ten powerful and moving accounts of a master therapist and his patients confronting themselves and each other. These tales go beyond therapy to speak of the human condition in all of its oddity, beauty, and resilience.

Betraying Spinoza Jan 01 2020 Part of the Jewish Encounter series In 1656, Amsterdam's Jewish community excommunicated Baruch Spinoza, and, at the age of twenty-three, he became the most famous heretic in Judaism. He was already germinating a secularist challenge to religion that would be as radical as it was original. He went on to produce one of the most ambitious systems in the history of Western philosophy, so ahead of its time that scientists today, from string theorists to neurobiologists, count themselves among Spinoza's progeny. In *Betraying Spinoza*, Rebecca Goldstein sets out to rediscover the flesh-and-blood man often hidden beneath the veneer of rigorous rationality, and to crack the mystery of the breach between the philosopher and his Jewish past. Goldstein argues that the trauma of the Inquisition's persecution of its forced Jewish converts plays itself out in Spinoza's philosophy. The excommunicated Spinoza, no less than his excommunicators, was responding to Europe's first experiment with racial anti-Semitism. Here is a Spinoza both hauntingly emblematic and deeply human, both heretic and hero--a surprisingly contemporary figure ripe for our own uncertain age.

[Tales from the Therapy Room](#) Apr 15 2021 These ten fictional short stories give students of counselling and psychotherapy a unique insight into what actually goes on in therapy. Exploring aspects of the client-therapist relationship, the reader is given a fly-on-the-wall view of the therapeutic process. Rather than suggesting a 'correct' approach, they explore possibilities and provide entertaining, vivid and thought-provoking descriptions of the therapeutic journey. Issues explored include: - contracting - boundaries and confrontation - self-disclosure on the part of the therapist - dream interpretation - the influence of the consulting room environment - conflicting belief systems. These are much more than just engaging stories - Phil Lapworth draws on over 25 years of clinical experience to show how the student can integrate theory into real practice with real clients. The final chapter explicitly highlights the specific theories, models and issues that are illustrated throughout and provides questions, learning objectives, exercises and further reading to encourage critical thinking. A door into the often-hidden perspective of what a therapist might think and feel within the therapy session, this 'shrink-wrapped' resource will be treasured by counselling and psychotherapy trainees and practitioners for years to come. Reader Responses to Tales from the Therapy Room: 'Delightful, moving stories, recounted with pith and wit' 'What a little gem this book is. Each short story distinct, crisp and unpredictable' 'A delightful, thoughtful and often funny peek into an imaginary therapy room' 'I'm limiting myself to 1 tale a night, so that I can savour it a bit longer' 'These tales have something of a detective story about them...unnerving and compelling at the same time like a good thriller, with a wonderful twist in the end' 'Beautifully constructed and lightly executed' 'Distinct, crisp and unpredictable... I came to believe that even the author was surprised by what came next' 'I found this book un-put-down-able and re-read several of the stories' 'Phil Lapworth seems to have invented a new genre of his own. Each story is a little jewel, and I had to keep reminding myself that they were fictional' 'He has caught the poignancy of human vulnerability as well as its absurdity and humour' 'These stories stand undeniably on their own as surprising and delightful duets of the psychotherapeutic relationship, often concluding with a wry and humorous twist, always entertaining and warm-hearted. We look forward to reading more such tales'

[Lying On The Couch](#) Nov 10 2020 From the bestselling author of *Love's Executioner* and *When Nietzsche Wept* comes a provocative exploration of the unusual relationships three therapists form with their patients. Seymour is a therapist of the old school who blurs the boundary of sexual propriety with one of his clients. Marshal, who is haunted by his own obsessive-compulsive behaviors, is troubled by the role money plays in his dealings with his patients. Finally, there is Ernest Lash. Driven by his sincere desire to help and his faith in psychoanalysis, he invents a radically new approach to therapy -- a totally open and honest relationship with a patient that threatens to have devastating results. Exposing the many lies that are told on and off the psychoanalyst's couch, *Lying on the Couch* gives readers a tantalizing, almost illicit, glimpse at what their therapists might really be thinking during their sessions. Fascinating, engrossing and relentlessly intelligent, it ultimately moves readers with a denouement of surprising humanity and redemptive faith.

[Creatures of a Day](#) May 29 2022 From the best-selling author of "Love's Executioner," a penetrating exploration of life, death, and the search for meaning"

Cracked Mar 03 2020 Why is psychiatry such big business? Why are so many psychiatric drugs prescribed – 47 million antidepressant prescriptions in the UK alone last year – and why, without solid scientific justification, has the number of mental disorders risen from 106 in 1952 to 374 today? The everyday sufferings and setbacks of life are now 'medicalised' into illnesses that require treatment – usually with highly profitable drugs. Psychological therapist James Davies uses his insider knowledge to illustrate for a general readership how psychiatry has put riches and medical status above patients' well-being. The charge sheet is damning: negative drug trials routinely buried; antidepressants that work no better than placebos; research regularly manipulated to produce positive results; doctors, seduced by huge pharmaceutical rewards, creating more disorders and prescribing more pills; and ethical, scientific and treatment flaws unscrupulously concealed by mass-marketing. Cracked reveals for the first time the true human cost of an industry that, in the name of helping others, has actually been helping itself.

Psychotherapy Tales May 05 2020 Is psychotherapy science or is it art? This is a vexing question. Psychotherapy is not just something that the therapist does. Psychotherapy is a process between therapist and clients. It is something that involves a relationship between them. It requires trust, honesty, hope, resilience, belief, commitment, and preparation to work together.

A Matter of Death and Life Aug 20 2021 A year-long journey by the renowned psychiatrist and his writer wife after her terminal diagnosis, as they reflect on how to love and live without regret. Internationally acclaimed psychiatrist and author Irvin Yalom devoted his career to counseling those suffering from anxiety and grief. But never had he faced the need to counsel himself until his wife, esteemed feminist author Marilyn Yalom, was diagnosed with cancer. In *A Matter of Death and Life*, Marilyn and Irv share how they took on profound new struggles: Marilyn to die a good death, Irv to live on without her. In alternating accounts of their last months together and Irv's first months alone, they offer us a rare window into facing mortality and coping with the loss of one's beloved. The Yaloms had numerous blessings—a loving family, a Palo Alto home under a magnificent valley oak, a large circle of friends, avid readers around the world, and a long, fulfilling marriage—but they faced death as we all do. With the wisdom of those who have thought deeply, and the familiar warmth of teenage sweethearts who've grown up together, they investigate universal questions of intimacy, love, and grief. Informed by two lifetimes of experience, *A Matter of Death and Life* is an openhearted offering to anyone seeking support, solace, and a meaningful life.

The Good Story Feb 11 2021 The Good Story is an exchange between a writer with a longstanding interest in moral psychology and a psychotherapist with a training in literary studies. J. M. Coetzee and Arabella Kurtz consider psychotherapy and its wider social context from different perspectives, but at the heart of both their approaches is a concern with stories. Working alone, the writer is in sole charge of the story he or she tells. The therapist, on the other hand, collaborates with the patient in telling the story of their life. What kind of truth do the stories created by patient and therapist aim to uncover: objective truth or the shifting and subjective truth of memories explored and re-experienced in the safety of the therapeutic relationship? Drawing on great writers like Cervantes and Dostoevsky and on psychoanalysts like Freud and Melanie Klein, the authors offer illuminating insights into the stories we tell of our lives.

Love's Executioner Oct 02 2022 Why was Saul tormented by three unopened letters from Stockholm? What made Thelma spend her whole life raking over a long-past love affair? How did Carlos' macho fantasies help him deal with terminal cancer? In *Love's Executioner* psychotherapist Irvin Yalom gives detailed and deeply affecting accounts of his work with these and seven other patients. Their case histories lay bare human anxieties - isolation, fear of death or freedom, a sense of the meaninglessness of life - that few of us escape completely, and show how we can all come to terms with such fears. Throughout, Dr Yalom remains refreshingly frank about his own errors and prejudices; his book provides a rare glimpse into the consulting room of a master therapist. 'The best therapists are at least partly poets. With this riveting and beautifully written book, Yalom has joined their ranks.' Erica Jong 'Dr Yalom offers a valuable insight into the delicate process of therapy.' Sunday Telegraph 'These remarkably moving and instructive tales of the psychiatric encounter bring the reader into novel territories of the mind - and the landscape is truly unforgettable.' Maggie Scarf 'Irvin Yalom writes like an angel about the devils that besiege us.' Rollo May 'Dr Yalom is unusually honest, both with his patients and about himself.' Anthony Storr

The Gift of Therapy Aug 27 2019 Acclaimed author and renowned psychiatrist Irvin D. Yalom distills thirty-five years of psychotherapy wisdom into one brilliant volume. The culmination of master psychiatrist Dr. Irvin D. Yalom's more than thirty-five years in clinical practice, *The Gift of Therapy* is a remarkable and essential guidebook that illustrates through real case studies how patients and therapists alike can get the most out of therapy. The bestselling author of *Love's Executioner* shares his uniquely fresh approach and the valuable insights he has gained—presented as eighty-five personal and provocative 'tips for beginner therapists', including: *Let the patient matter to you *Acknowledge your errors *Create a new therapy for each patient *Do home visits *(Almost) never make decisions for the patient *Freud was not always wrong A book aimed at enriching the therapeutic process for a new generation of patients and counselors, Yalom's *Gift of Therapy* is an entertaining, informative, and insightful read for anyone with an interest in the subject.

Becoming Myself Jul 07 2020 When Yalom publishes something - anything - I buy it, and he never disappoints. He's an amazing storyteller, a gorgeous writer, a great, generous, compassionate thinker, and - quite rightly - one of the world's most influential mental healthcare practitioners' Nicola Barker, *Guardian Best Books of 2017* 'Wonderful, compelling and as insightful about its subject and about the times he lived in as you could hope for. A fabulous read' Abraham Verdghese, author of *Cutting for Stone* Irvin D. Yalom has made a career of investigating the lives of others. In *Becoming Myself*, his long-awaited memoir, he turns his therapeutic eye on himself, delving into the relationships that shaped him and the groundbreaking work that made him famous. The first-generation child of immigrant Russian Jews, Yalom grew up in a lower-class neighbourhood in Washington DC. Determined to escape its confines, he set his sights on becoming a doctor. An incredible ascent followed: we witness his start at Stanford Medical School amid the cultural upheavals of the 1960s, his turn to writing fiction as a means of furthering his exploration of the human psyche and his rise to international prominence. Yalom recounts his revolutionary work in group psychotherapy and how he became the foremost practitioner of existential psychotherapy, a method that draws on the wisdom of great thinkers over the ages. He reveals the inspiration for his many seminal books, including *Love's Executioner* and *When Nietzsche Wept*, which meld psychology and philosophy to arrive at arresting new insights into the human condition. Interweaving the stories of his most memorable patients with personal tales of love and regret, *Becoming Myself* brings readers close to Yalom's therapeutic technique, his writing process and his family life.

The Schopenhauer Cure Jan 31 2020 From the internationally bestselling author of *Love's Executioner* and *When Nietzsche Wept*, comes a novel of group therapy with a cast of memorably wounded characters struggling to heal pain and change lives Suddenly confronted with his own mortality after a routine checkup, eminent psychotherapist Julius Hertzfeld is forced to reexamine his life and work -- and seeks out Philip Slate, a sex addict whom he failed to help some twenty years earlier. Yet Philip claims to be cured -- miraculously transformed by the pessimistic teachings of German philosopher Arthur Schopenhauer -- and is, himself, a philosophical counselor in training. Philip's dour, misanthropic stance compels Julius to invite Philip to join his intensive therapy group in exchange for tutoring on Schopenhauer. But with mere months left, life may be far too short to help Philip or to compete with him for the hearts and minds of the group members. And then again, it might be just long enough.

The Empty Chair Sep 08 2020 Through eight compelling stories we get to know the Gestalt therapist Vikram Kolmannskog and some of his clients. These include the businessman Carl who is suffering from chronic burnout, the overwhelmed Marianne who believes she may have been the victim of sexual assault, the trans woman Annette who breaks with dominant gender norms, the prisoner Jonny who is now encircled by his own self-made wall of isolation, and the beautiful Ask, who falls in love and others fall in love with - including the therapist Vikram. Through these tales of psychotherapy we see how both suffering and healing can occur. With increased awareness and through dialogue we can experience more of ourselves, the other and our world. We become more whole - and that is a good definition of health.

Intimate Worlds Jul 27 2019 "Scarf knows the intricacies of the family structure and, even better, knows how to write well about them. In *Intimate Worlds*, as in most of our lives, family is riveting, white-knuckle stuff." --The Washington Post Book World In *Intimate Worlds*, bestselling author Maggie Scarf takes on the most important, and most universal, subject of her distinguished career: the family. As the first social organization that we each encounter, the family is where we learn the most fundamental and enduring lessons of our lives. Yet for too many, those lessons turn out to be painful, perplexing, and emotionally crippling. In this luminous, beautifully written book, Scarf brilliantly examines the complex ways in which families create their own intimate rules and patterns of interaction, and how by understanding these dynamics we can each improve the quality of our own family life. At the book's core are the stories of four fascinating families and the very different ways they enact the central issues of family life: power and intimacy; conflict and love; individuality and group identification. Spanning the spectrum of family health from dysfunctional through optimal, these families grapple with serious substance abuse, sexual problems, difficulties with attachment and nurturance, eating disorders, and buried resentments that surface generation after generation. As Maggie Scarf probes the motives and meanings of these compelling dramas, she reveals the essential truths of how families shape human identity. Combining lucid analysis with warm human understanding, *Intimate Worlds* is a major work that both clarifies and deepens our knowledge of family relationships. "Wrought with care and commitment, it is meticulously researched and will, I think, serve as a valuable resource for families struggling to understand themselves." --Los Angeles Times

The Guilt Trap and Other Tales of Psychotherapy Oct 22 2021 This original collection of twenty psychotherapy tales demonstrates the glory, drama and inspiration that come along with being a therapist. The tales reflect disorders that are common to many individuals growing up in modern day American society. In *The Guilt Trap and Other Tales of Psychotherapy*, Dr. Lasson takes the reader on a journey through a sampling of clients he has worked with over the past twenty years. Readers will meet Barb, whose Borderline traits test the patience and boundaries of the therapist. And Farjad, who tests his own limits with strength and resilience. Readers will also meet Joe, the angry teenager who has resisted all past therapy attempts until Dr. Lasson uses a tactical approach and Vince, a narcissist who gets the therapist to test his own moral strengths and convictions. Dr. Lasson shows that one size does not fit all and demonstrates how an "out of the box" method has benefited his clients. Using a humanistic/existential approach, Dr. Lasson demonstrates the human side of therapy. Most of the tales come with much self-reflection, which will help clinicians and their clients appreciate the effort from therapists who truly care about the lives of the people they work with day in and day out. *The Guilt Trap* promises to inspire readers and beginning therapists with tales that illuminate the complexities of the human condition.

Couch Fiction May 17 2021 'A gem' - The Evening Standard 'Pure book joy. Deep thinking made digestible & doled up with lashings of wit' Bernardine Evaristo on Twitter 'So smart and interesting!' Fearnie Cotton on Instagram _____ Ever wanted to know what really happens in a therapist's consultation room? Bestselling author Philippa Perry (*The Book You Wish Your Parents Had Read*) turns her keen insights to the power of therapy. This compelling study of psychotherapy in the form of a graphic novel vividly explores a year's therapy sessions as a search for understanding and truth. Beautifully illustrated by Flo Perry, author of *How to Have Feminist Sex*, and accompanied by succinct and illuminating footnotes, this book offers a witty and thought-provoking exploration of the therapeutic journey, considering a range of skills, insights and techniques along the way.

'I loved it. I smiled and laughed. And nodded. One to read' Susie Orbach, author of *In Therapy* '(Full of) wit and good sense (...) Philippa is a tonic' Rachel Cooke, *Observer*

The Theory and Practice of Group Psychotherapy Sep 28 2019 The fifth edition of the best-selling text--completely revised to reflect the latest developments in the field.

Momma And The Meaning Of Life Feb 23 2022 An exploration of therapy examines six cases and their progression, giving the reader a look at the lives and problems of normal people

Tales from the Valley of Death Mar 15 2021 The dread of death is a problem nearly as old as time itself. Our awareness of our own mortality has been famously referred to by William James as 'the worm at the core' of human existence, lingering in the shadows of our daily lives. It is something we must all grapple with. Yet, increasing scientific evidence suggests that 'death anxiety' may lie at the heart of a multitude of mental health conditions, driving numerous clinically-relevant behaviours. What can we learn about confronting mortality from the tales of individuals who have been gripped by mental illness and the dread of death? *Tales from the Valley of Death* explores the complex lives of individuals who have been crippled by death-related fears and related existential issues as revealed by candid interviews with their psychotherapist, internationally renowned clinical psychologist Professor Ross Menzies. Vivid first-hand accounts reveal their private histories, core thoughts, beliefs and attitudes that drove their mental health dilemmas. For some, the struggle has gone on for years as they tried different therapies and therapists. A platform for the wealth of mental and behavioural processes brought to life through these 10 fascinating tales is provided by Rachel Menzies, a leading researcher in death anxiety and daughter of Ross. Her engaging introduction on the history and psychological underpinnings of death anxiety bookends neatly with a comprehensive concluding examination of what these stories reveal about its causes and effects. As we listen in on the interviews, it is hard not to be struck by how fascinating these individuals are, how compelling their histories have been, and how hard they have fought to overcome their difficulties, bravely wading their way through the murky territory of the same existential dilemmas we all must face. Their fears range from sudden death by fire to assassins in the shadows, from anaphylactic shock to a multitude of diseases, from being attacked by dinosaurs lurking in kitchen cupboards to being pushed off cliffs and in front of trains. For many, the ultimate fear

is the wrath of God while for others, a lack of meaning and a pervasive sense of pointlessness drove their mental difficulties. *Tales from the Valley of Death* shows us the many ways that the dread of death and fear of impermanence can strike at the heart of the human experience and the power of effective therapy to improve the lives of others.

Tales from the Couch Oct 29 2019 A psychologist shares a variety of case studies from his decades-long career working with troubled and mentally ill patients. *Tales from the Couch* is collection of actual case studies and a primer on psychopathology, as well as a captivating reflection on the human condition. Drawn from Dr. Bob Wendorf's thirty-six-year career as a clinical psychologist, the book examines the lives of some of his most troubled patients, in accounts that will both educate and fascinate readers. Clinical syndromes are described and dramatized by real-life case examples (altered only as necessary to protect patient confidentiality). Each of the sixteen chapters focuses on a particular psychiatric diagnosis, including Multiple Personality Disorder, Asperger's, and ADD. The clinical picture and symptoms are described and explained, then brought to life by case examples taken from the author's practice. Dr. Wendorf presents the cases as a series of narratives—some dramatic, some humorous, most quite poignant. Along the way, the author offers his own reactions to the people and events described here and application to the general human condition as well. *Tales from the Couch* offers compelling stories of extraordinary people, clinical conditions, and events—both in and out of the therapy hour—while providing insights into the nature of human beings, mental illness, and the psychotherapeutic enterprise.

The Man who Loved a Polar Bear and Other Psychotherapist's Tales Nov 22 2021

Tales of Psychotherapy Jan 25 2022 Anyone with a faint curiosity about human nature will be enthralled by these remarkable stories. Based on true experience, or reworked into fictional short stories, this book takes the reader through a mesmerizing sequence of compelling pieces that reveal the innermost concerns of psychotherapy practice. The anthology, written by both psychotherapists and prize winning fiction authors, is a book of surprise, delight, anguish and hope. It draws on one of the most intimate conversations that a human being can achieve—that of the psychoanalytic hour—and gives these encounters a fascinating context in the form of people's lives. Some of these stories give strong evidence for the efficacy of psychotherapy—how by listening to someone's most private desires, remarkable transformations can occur. Others ask the reader to consider the fallibility or vulnerability of the therapist and their own concerns and lives. Without exception, the authors have written with courageous openness, revealing the emotional challenge of receiving therapy, or being someone who provides it.

Writing the Talking Cure Sep 20 2021 Explores Yalom's profound contributions to psychotherapy and literature. A distinguished psychiatrist and psychotherapist, Irvin D. Yalom is also the United States' most well-known author of psychotherapy tales. His first volume of essays, *Love's Executioner*, became an immediate best seller, and his first novel, *When Nietzsche Wept*, continues to enjoy critical and popular success. Yalom has created a subgenre of literature, the "therapy story," where the therapist learns as much as, if not more than, the patient; where therapy never proceeds as expected; and where the therapist's apparent failure proves ultimately to be a success. *Writing the Talking Cure* is the first book to explore all of Yalom's major writings. Taking an interdisciplinary approach, Jeffrey Berman comments on Yalom's profound contributions to psychotherapy and literature and emphasizes the recurrent ideas that unify his writings: the importance of the therapeutic relationship, therapist transparency, here-and-now therapy, the prevalence of death anxiety, reciprocal healing, and the idea of the wounded healer. Throughout, Berman discusses what Yalom can teach therapists in particular and the common (and uncommon) reader in general. "As a psychiatrist who has benefitted enormously not only from Yalom's writings but also from his mentorship, I admire Berman's relationship to his subject. They both write lucidly and imaginatively, inviting the reader to accompany them on a personal journey that is intriguing but intellectually rigorous. Reading this book helps me to better understand Yalom's dual roles—as brilliant psychotherapist/teacher and compelling novelist. Berman's book-by-book examination of Yalom's work illustrates how good therapy involves facing reality, and good fiction involves making stories come alive by resonating with the hard truths of life. He is the perfect guide to Yalom, capturing his wisdom and creativity with respect and clarity." — David Spiegel, author of *Living Beyond Limits: New Hope and Help for Facing Life-Threatening Illness* "This is a convincing celebration of and commentary on one of the most prominent psychotherapists of the last century. For anyone interested in the popularization of an idiosyncratic form of existential psychotherapy for individuals and groups, this will be an important book." — Murray Schwartz, Emerson College "In this richly textured book, Berman takes us backstage in a warm and skillful exploration of Irvin Yalom's unmatched contributions as a psychotherapist, author, and educator. We are provided a transparent view of how human healing emerges from our talking, writing, and reading. Berman reminds us eloquently that psychotherapy is, at its essence, the process of human connection and the joint attribution of meaning to experience." — Melyn Leszcz, The University of Toronto

Momma And The Meaning Of Life Apr 27 2022 This classic medium, first popularised by Freud and, more recently, by Oliver Sacks and Yalom himself, provides a fascinating insight into the human condition and our search for happiness. Contains six absorbing case studies which reveal the intricacies our psychological landscapes. Provides a fascinating insight into the human condition and our search for happiness. Explores the unique dynamic of the relationship between therapist and client. Absorbing and deeply thoughtful, *Momma and the Meaning of Life* is a work of rare insight and imagination.

The Assassin and the Therapist Oct 10 2020 Many therapists have likely worked with a client who has caused the therapist to confront his most cherished beliefs, or has changed the therapist in ways that forever altered the way he performs therapy, looks at the world, and sees himself. The author of this book found himself in much such a situation, causing him to begin his own search for truth. This book is the result of his search; it explores the nature of truth in psychotherapy and in the therapist's life, examining some of the things that are often denied and rarely spoken about. This book contains two parallel narratives: the first tells the story of Jacob, a man in his seventies, who lived through one of the most dramatic periods in history and actually altered events through his acts of violence. Following him from his childhood to his recruitment, training, and life as an assassin, it is a tale of intrigue, of adventure and courage, but one that also raises a number of profound moral issues. The reader will find several unexpected but significant themes scattered throughout Jacob's story which, upon close examination, have significant implications for the ways therapists think about their work and their relationships with clients. The second narrative details the author's struggles as a therapist as he tries to make sense of his doubt, imperfections, and self-deceptions. The reader will join him on his search for truth in both psychotherapy and life. His story becomes a lesson for digging deep into the complex and ambiguous nature of what therapists do and what they think they learn in their work. A greatly unique and fascinating work, readers will find themselves both enthralled in and changed by Jacob's story and the author's journey.

Couch Fiction Mar 27 2022 'A gem' - *The Evening Standard* 'Pure book joy. Deep thinking made digestible & doled up with lashings of wit' Bernardine Evaristo on Twitter 'So smart and interesting!' Fearnie Cotton on Instagram

Ever wanted to know what really happens in a therapist's consultation room? Bestselling author Philippa Perry (*The Book You Wish Your Parents Had Read*) turns her keen insights to the power of therapy. This compelling study of psychotherapy in the form of a graphic novel vividly explores a year's therapy sessions as a search for understanding and truth. Beautifully illustrated by Flo Perry, author of *How to Have Feminist Sex*, and accompanied by succinct and illuminating footnotes, this book offers a witty and thought-provoking exploration of the therapeutic journey, considering a range of skills, insights and techniques along the way.

'I loved it. I smiled and laughed. And nodded. One to read' Susie Orbach, author of *In Therapy* '(Full of) wit and good sense (...)' Philippa is a tonic' Rachel Cooke, *Observer*

Staring at the Sun Jun 17 2021 Written in Irv Yalom's inimitable story-telling style, *Staring at the Sun* is a profoundly encouraging approach to the universal issue of mortality. In this magisterial opus, capping a lifetime of work and personal experience, Dr. Yalom helps us recognize that the fear of death is at the heart of much of our anxiety. Such recognition is often catalyzed by an "awakening experience"—a dream, or loss (the death of a loved one, divorce, loss of a job or home), illness, trauma, or aging. Once we confront our own mortality, Dr. Yalom writes, we are inspired to rearrange our priorities, communicate more deeply with those we love, appreciate more keenly the beauty of life, and increase our willingness to take the risks necessary for personal fulfillment.

Love's Executioner and Other Tales of Psychotherapy Jul 31 2022 In this book a psychotherapist describes ten cases which include that of TheLma, an elderly woman possessed by a past love-affair; Carlos, a middle-aged man compulsively lustful in the face of fatal cancer; and Betty, whose obesity threatens to engulf both herself and the psychiatrist. The work provides an insight into a therapist at work. Dr Yalom confronts not only his own feelings and errors, but the uncertainty at the very heart of the therapeutic encounter. He describes the way he breaks through that uncertainty to a patient's ultimate truth. Only by recognizing the stark facts of human existence, he suggests, can any of us live in full awareness of ourselves as mortal creatures.